Pathological Aspects of Breast Cancer in Indonesian Females, Emphasizing on the Modified W.H.O. Classification

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Abstrak

Angka kejadian kanker payudara sangat bervariasi di antara berbagai daerah geografik dan perbedaan perangai patologik serta aspek biologik mungkin menyebabkan perilaku klinik yang berbeda pada penyakit tersebut. Pada penelitian ini kami bermaksud meneliti persamaan dan perbedaan perangai histopatologik kanker payudara antara wanita Indonesia dan wanita Jepang. Tiga ratus kasus kanker payudara yang diobati di Rumah Sakit Umum Pusat Cipto Mangunkusumo (RSCM), Jakarta, Indonesia, selama 3 tahun (1988-1991), diteliti aspek histopatologinya. Sediaan-sediaan dianalisa dengan menggunakan klasifikasi yang dianjurkan oleh "Japanese Breast Cancer Society". Hasilnya dibandingkan dengan data yang diperoleh dari 446 kasus pada "Cancer Institute Hospital" (CIH), Tokyo, Jepang. Pada kasus kanker payudara di RSCM ditemukan 1.33 % karsinoma non-invasif, 88.3 % karsinoma duktal invasif dan 9.7 % tipe khusus. Data kanker payudara di CIH menunjukkan 7.4 % karsinoma non-invasif, 80.4 % karsinoma duktal invasif dan 11.3 % tipe khusus. Jumlah penderita kanker payudara Indonesia pada golongan usia 20-29 tahun tampak lebih tinggi daripada wanita Jepang. Pada kedua penelitian tersebut jumlah kanker payudara terbanyak pada golongan usia 40-49 tahun. Tumor yang ditemukan pada wanita Indonesia mempunyai ukuran yang lebih besar daripada wanita Jepang. Proporsi karsinoma musinosum dan karsinoma lobularis lebih tinggi pada wanita Indonesia.

Abstract

The incidence of breast cancer varies greatly among geographic regions and differences in pathological patterns and biological aspects might result in different clinical behavior of the disease. In this study we would like to investigate the similarity and dissimilarity of histopathological patterns of breast cancer among the Indonesian and the Japanese females. Three hundred cases of breast carcinoma treated at Dr. Cipto Mangunkusumo Hospital (RSCM), Jakarta, within 3 years (1988-1991) were analysed for the various histophatological aspects. The specimens were reviewed using the classification recommended by the Japanese Breast Cancer Society. We also compared with the data of 446 Japanese breast cancer cases from the Cancer Institute Hospital (CIH), Tokyo, Japan. The RSCM cases had 1,33% noninvasive carcinoma, 88,3% invasive carcinoma and 9,67% special types. The CIH cases were 7,4% noninvasive carcinoma, 80,4% invasive ductal carcinoma and 11,3% special types. Compared to the Japanese females it was noticed that breast cancer cases had already occured more frequently at the younger age group (20-29 years) of the Indonesian females. However, the age distributions of both groups peaked at 40-49 years. Indonesian females had larger-sized tumors. The proportion of mucinous and lobular carcinomas were higher in Japanese females, while the proportion of medullary carcinoma was higher in Indonesian females.

Key words: breast cancer, histopathological patterns, new classification.

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Breast cancer is a world-wide, very common and serious disease, and comprises a relatively high incidence, namely about 20% among all malignancy. It is also the commonest fatal cancer with an incidence of 22.2 per 100.000 person years. The incidence of breast carcinoma varies greatly among geographic regions, it is high in European countries, Canada, Australia, New Zealand, similar to those of the United

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States, some 6 times greater than those observed in Asia-Japan.³ In Australia, the age-standardized incidence rate was 55.6 per 100.000 person years,⁴ but in Japan the rate was 20.⁵ The annual incidence of breast cancer in Japan has been reported to be lower (12.1-16 per 100.000 females) than in America (71.7 per 100.000 females), as stated in the Cancer incidence in Five Continents, IARC publications.³ In Indonesia, according to the various Pathology-based cancer registry, breast cancer ranked the second, succeeding the cervical cancer, with a relative frequency of 11.59%.⁶

These differences has attracted several investigators to look upon several aspects of breast cancer, with systematic epidemiological studies. In addition, further comparison has been studied by analyzing the pathological and biological aspects of the disease, among American and Japanese women, and found out that breast cancer among Japanese females is characterized by a relatively low incidence and good prognosis. ^{7,8}

In order to better understand about the disease, such comparative studies are also needed to be implemented among Indonesian and Japanese women. Further analysis on histopathological features and biological behaviour of the disease would be a great contribution to the current methods of treatment and refinements in therapeutic regimens.

From the pathology standpoint of view, a number of biological factors and principles have been delineated which permit an increasingly accurate prediction of prognosis and benefit of therapy, such as: histologic type, histologic grade, tumor size and axillary lymph node status. Breast cancer presents in a great variety of histological patterns, including spesific types which have useful clinical correlates and prognostic implications. There are various classifications of breast cancer, and in Indonesia we used the classification of WHO (1981)⁹ and that of McDivitt et al. ¹⁰ Since 1989 we adopted the classification use in Japan, ¹¹ which is fundamentally the same as the WHO classification, with the addition of a subclassification of the invasive ductal carcinoma into 3 sub-types.

The purpose of this study is to analyse the various histological variations of breast cancer in the Indonesian females, adjusting it with the new classification and their frequencies, and to compare it with the results of the Cancer Institute, Tokyo, Japan.

METHODS

Three hundred cases of breast carcinoma were diagnosed and treated at the Dr. Cipto Mangunkusumo National Central General Hospital (RSCM) within 3 years (1988-1991). These cases were from operable cases and biopsy specimens only, accounting for 110 and 190 cases respectively. The size of the tumor was the largest diameter of the tumor measured on the cut surface of the gross spesimen as recorded in the pathology report. Lymph-node metastases, using the "n" classification, were grouped from n0 to n3. Based on the histological examination of lymph nodes, they were classified as shown in Table 1.

Table 1. Lymph nodes metastases classification

"n" groupin	g	Lymph nodes involvement
nO	:	no metastasis
n1	a :	1-3 positive axillary lymph nodes
n1	b :	4 or more positive axillary lymph nodes
n2		metastasis in subclavicular lymph nodes
n3	ij.	metastasis in supraclavicular lymph nodes

Of the 110 operable cases, only in 40 cases the lymph nodes could be analysed.

Five microns histological specimens were stained with hematoxylin-eosin standard procedure, similarly applied in both the Indonesian and the Japanese breast cancer specimens.

The specimens were reviewed by three investigators (GT, ES) and (GS) during the consultation meetings, referring to the classification recommended by the Japanese Breast Cancer Society. Agreement on the final diagnosis was established by applying the standard criteria of specific histological typing.

HISTOLOGICAL CLASSIFICATION USED IN JAPAN

The Japanese Breast Cancer Society will adopt here after the new histological classification of breast tumors as shown in Table 2.

Table 2. Histological Classification of Breast Tumors (Japanese Breast Cancer Society, 1984)

Malignant (Carcinoma)

- 1. Noninvasive carcinoma
 - a. Noninvasive ductal carcinoma
 - b. Lobular carcinoma in situ

2. Invasive carcinoma

- a. Invasive ductal carcinoma
 - a1. Papillotubular carcinoma
 - a2. Solid-tubular carcinoma
 - a3. Scirrhous carcinoma

b. Special types

- b1. Mucinous carcinoma
- b2. Medullary carcinoma
- b3. Invasive lobular carcinoma
- b4. Adenoid cystic carcinoma
- b5. Squamous cell carcinoma
- b6. Spindle cell carcinoma
- Apocrine carcinoma
- b8. Carcinoma with cartilaginous and or osseous metaplasia
- b9. Tubular carcinoma
- b10. Secretory carcinoma (Juvenile carcinoma)
- b11. others

3. Paget's disease

Notes: See Appendix for the principles and details of classification

RESULTS

The case distribution by histological type is shown in Table 3.

Table 3. Histological Types and Case Distribution of Breast Cancer (1988-1991)

Histological types	Number of Cases	%	
Noninvasive carcinoma			
a. Noninvasive ductal ca	4	1.33	
b. Lobular ca in situ	0	0.00	
Invasive carcinoma			
a. Invasive ductal carcinoma			
a1. Papillotubular	39	13.00	
a2. Solid-tubular	79	26.33	
a3. Scirrhous	147	49.00	
b. Special types			
b1. Mucinous carcinoma	4	1.33	
b2. Medullary carcinoma	17	5.68	
b3. Invasive lobular carcinoma	7	2.33	
b4. Adenoid cystic carcinoma	1	0.33	
Paget's disease	2	0.67	
Totals	300	100.00	

The most common was the invasive ductal carcinoma (88.33%), followed by the special types (9.67%), and the noninvasive carcinoma (1.33%). Two out of three hundred were diagnosed as Paget's disease.

Among the invasive ductal carcinoma (2a), the scirrhous type was the most common accounted for 49% of the cases. Among the non invasive carcinoma, no lobular carcinoma in situ was found. In the special types, the medullary carcinoma was diagnosed in 5.68% of the cases.

The case distribution by age at operation/biopsy is given in table 4.

Table 4. Case Distribution by Age at Operation/Biopsy

Age at operation/biopsy	Number of cases	%	
20 - 29	13	4.33	
30 - 39	72	24.00	
40 - 49	93	31.00	
50 - 59	55	18.33	
60 - 69	58	19.33	
70 - 79	9	3.00	
Totals	300	100.00	

The age distribution showed the youngest case of 22 years old, and the oldest was 75 years old. The peak incidence was found in the 5th decade (31%).

The location of the tumor in the left breast was found more frequent than in the right breast (see table 5), and 3.67 % were bilateral.

Table 5. Case Distribution of Breast Cancer by Location

Location	Number of cases	%	
Left breast	172	57.33	
Right breast	117	39.00	
Bilateral	11	3.67	
Totals	300	100.00	

Only 6 of these operable cases have tumor smaller than 2 cm in diameter. Fifty five cases (50%) have tumors more than 5 cm in diameter (see Table 6).

Table 6. Case Distribution by Size of Tumor assessed on surgical specimens of operable cases

Size of tumor	Number of cases	%	
< 2 cm	6	5.5	
2.1 - 5 cm	49	44.5	
> 5 cm	55	50	
Totals	110	100.00	

The case distribution by tumor size of the whole cases, and compare with the cases from Cancer Institute Hospital (CIH) is shown in Table 7.

Table 7. Case Distribution by Size of Tumor according to clinical assessment of all breast cancer cases

Size of tumor	RSCM (1988-1991)		CIH (1989)		
Size of tumor	Number of cases	%	Number of cases	%	
T 0	83	2	22	4.9	
T 1	6	2	182	40.8	
T 2	51	17	191	42.8	
Т3	87	29	21	4.7	
T 4	156	52	30	6.7	
Totals	300	100	446	100	

The data showed that 52 % of the Indonesian breast cancer patients at Cipto Mangunkusumo Hospital (RSCM) were at advanced stage with T4 size, while such tumor was only found in 6.7% among the Japanese breast cancer patients at CIH. On the contrary early breast cancers with T1 size were only seen in 2% of the Indonesian females, while it was found in 40.8% of the Japanese females.

At RSCM, the majority (more than 80%) were of T3+T4 size, while at CIH the majority (more than 80%) were of T1+T2 size. In other words, at their presentation the tumor size of breast cancer among Indonesian females were larger than that among Japanese females.

In forty of the operable cases, the lymph node metastases could be analysed. The results are given in Table 8.

Table 8. Case Distribution by Lymph-node Metastases

Lymph node metastases	RSCM (1988	-1991)	CIH (1989)		
Lymph-node metastases	Number of cases	%	Number of cases	%	
Negative (n0)	22	55	229	51.3	
Axillary 1-3 (n1a)	10	25	133	29.8	
Axillary 4 or more (n1b)) 8	20	62	13.9	
Subclavicular (n2)	2 7 8		15	3.4	
Supraclavicular (n3)	3 - 2	. *	7	1.6	
Totals	40	100	446	100	

The data at the CIH showed that some patients underwent subclavicular and supraclavicular lymph node dissections, but at the RSCM lymph node dissections were limited to an axillary group. The rates were almost equal at the RSCM and CIH for the n0 and n1a. The incidence for n1b was 6.1% greater at the RSCM.

The comparative case distribution by histological types is shown in Table 9.

The RSCM cases had 1.33% noninvasive carcinoma, 88.33% invasive ductal carcinoma, and 9.67% special types. The CIH cases had 7.4% noninvasive carcinoma, 80.4% invasive ductal carcinoma, and 11.3% special types. The noninvasive carcinoma group, no lobular carcinoma in situ was found. The incidence of noninvasive duct carcinoma is much higher at the CIH, with a 6.07% difference, than that at the RSCM.

Table 9. Histological Types and Case Distribution

	RSCM (198	38-1991)	CIH (1989)	
Histological types	Number cases	of %	Number cases	of %
Noninvasive carcinoma				
a. Noninvasive ductal ca	4	1.33	33	7.4
b. Lobular ca in situ			72	Ш ,
Invasive carcinoma				
a. Invasive ductal ca				
a1. Papillotubular	39	13.00	86	19.3
a2. Solidtubular	79	26.33	78	17.5
a3. Scirrhous	147	49.00	194	43.6
b. Special types				
b1. Mucinous ca	4	1.33	16	3.6
b2. Medullary ca	17	5.68	6	1.3
b3. Invasive lobular ca	. 7	2.33	20	4.5
b4. Adenoid cystic ca	1	0.33		
b5. Squamous cell ca	227		1	0.2
b6. Spindle cell ca			1	0.2
b7. Apocrine ca	-	-	1	0.2
b8. Ca with cartil and/o	or			
oss. metaplasia	17			- 5-
b9. Tubular ca		-	5	1.1
b10.Secretory ca				
(Juvenile)		-	1.7	
Paget's disease	2	0.67	3	0.7
Totals	300	100.00	445	100.0

DISCUSSION

It was of great concern, that the majority of the Indonesian breast cancers found at their presentation were of much later stages in contrast to the Japanese counterpart.

The earlier detection of breast cancer could be responsible for the difference shown in Table 9 for the non-invasive types. In the invasive carcinoma group, the invasive ductal carcinoma is the most common, accounting for at least 80% of breast cancer. The incidence of 88.33% at the RSCM is similar with the report of Sakamoto et al. The scirrhous carcinoma is the most common type of invasive ductal carcinoma, with an incidence of about 50%. The data of the Indonesian breast cancers showed that the proportion of the solid-tubular carcinoma was higher than the papillotubular carcinoma, while the reverse was seen in the data of the Japanese breast cancer.

The sub-classification of invasive ductal carcinoma into 3 sub-types has prognostic significance. Such relationship has been observed by several investigators (Sakamoto G., personal communication). The papillotubular carcinoma shows the most favorable prognosis (ten-year survival rate = 77.4 %), and the scirrhous carcinoma shows the worst prognosis (tenyear survival rate = 61.2 %). The solid-tubular carcinoma showed a ten-year survival rate of 64.9 %. The invasive ductal carcinoma has been referred to as infiltrating duct carcinoma not otherwise specified (NOS) or no special type (NST). This group of carcinoma which is usually evaluated by histologic grading, 13, 14 which will place these lesions into intermediate or high grade categories. 15 This proposed new histologic al classification can be used instead of the grading system.

The special types of invasive breast cancer, including mucinous carcinoma, medullary carcinoma, tubular carcinoma in their pure form (more than 90% homogeneity) have relatively favourable prognosis. Although invasive, these tumors show a low incidence of axillary lymph-node metastases and exhibit a long disease free interval. 17,18

In both studies (RSCM and CIH) the incidence of this special type is only about 10% of the whole breast cancer cases. This finding is similar with previous report by Sakamoto et al. In North America, some investigators estimated that special type cancer comprise 10% of all breast cancers, while others considered that they comprised between 25-30%. 16

Mucinous carcinoma comprised only 1-6% of most series of invasive breast cancer, 19 and the pure type

approximately 2%. At the RSCM it is 1.33%, and at the CIH, it is 3.6%.

An interesting finding is that medullary carcinoma at the RSCM has a much higher incidence rate than that at the CIH, with a difference of 4.38%. Such type has been considered to represent more favourable prognosis.

The incidence of lobular carcinoma in Japan is very low and is significantly different from the incidence in Western countries. However Sugano and Sakamoto found that the incidence of lobular carcinoma among Japanese females has gradually increased. At the CIH before 1965, the incidence was around 1% of all breast cancers, from 1971 to 1975 it was 3.4%, and most recently, for 1974-1975, it has increased to 5.3%. They concluded that the incidence of invasive lobular carcinoma among Japanese females is gradually approaching that of American females.

In 1989, the incidence of invasive lobular carcinoma at CIH was 4.5%. At the RSCM, the incidence of invasive lobular carcinoma for 1981-1985 was 1.7% among 1265 cases of breast cancer, ²¹ and in this study (1989-1992), it accounted for 2.33% among 300 cases of breast cancers.

No tubular carcinoma was found among the RSCM cases, but 5 cases were detected among the CIH cases of breast cancer. Tubular carcinomas are well differentiated tumors which show the highest rate of cure, among the special histologic type. ^{22,23} Tubular carcinoma has received general recognition only in the last 10 years, since it is more common in groups of cancer detected by mammography, largely explaining the increased interest in recent years. ²⁴ This special type of breast cancer are more frequent in prevalent cancer (those detected at first screen by mammography) than cases detected subsequently at yearly intervals (incident cases). ²⁵ Whether this is true for the CIH cases is worthwile to be elucidated.

The peak incidence of breast cancer among Indonesian females was found in the 5th decade, and was similar with the result at the CIH cases. The main difference with reference to the age distribution of breast carcinoma between Indonesia and Japanese females was in the 20-29 year age group. Thirteen cases were found among 300 breast cancer cases at the RSCM, while only 2 cases among Japanese females with breast cancer, in the 20-29 year age group. It seems that breast cancer occurs at the younger age group in the Indonesian females.

CONCLUSIONS

At younger age group (20-29 years), breast cancer had already occured more frequently in the Indonesian females as compared to the Japanese females. However, the age distribution in both groups peaked at ages 40-49 years. Indonesian females had larger-sized tumors. The proportion of non-invasive carcinoma was lower among Indonesian females, while that of invasive ductal carcinoma was comparable in both groups. The proportion of mucinous carcinoma, lobular carcinoma were higher in Japanese females. It was of great interest, that medullary carcinoma, which has more favourable prognosis, occured in much higher proportion in Indonesian females.

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Appendix

A. Principles of Classification

- Breast carcinoma is classified into three groups; noninvasive carcinoma, invasive carcinoma and Paget's disease.
- Noninvasive carcinoma is classified into noninvasive ductal carcinoma and lobular carcinoma in situ; Invasive carcinoma into invasive ductal carcinoma and special types.
- Invasive ductal carcinoma is further classified into three subgroups; papillotubular carcinoma, solid-tubular carcinoma and scirrhous carcinoma.

B. Definition of Histological Types

Invasive carcinoma
 This group represents a carcinoma with invasion.

2a. Invasive ductal carcinoma

This is classified into three subgroups; papillotubular carcinoma, solid-tubular carcinoma and scirrhous carcinoma. Classification of invasive carcinoma follows the rule of predominancy when there are two or more histological patterns. In a case where judgement of the predominant type is difficult, the least differentiated type should be chosen as the histological type, with supplementary description of other histological types.

- Remark 1: In practice, the predominant histological type should be taken for the principal classification, and the secondary histological type should be added as a supplementary description.
- Remark 2: The degree of differentiation from poor to well is in order of scirrhous carcinoma, solid-tubular carcinoma and papillotubular carcinoma.
- Remark 3: A lesion with slight extraductal invasion should be so described for easier correspondence with the WHO classification.
- 2a1. Papillotubular carcinoma

 This carcinoma is characterized by papillary projection and tubule formation, and may contain a solid pattern in

part. Comedocarcinoma belongs to this type.

- Remark 1: Comedocarcinoma should be identified as that.
- Remark 2: Papillary carcinoma which is an independent histological type in the WHO classification has been included in papillotubular carcinoma.

 However there is still room for further consideration.

2a2. Solid-tubular carcinoma

This is a carcinoma characterized by a solid cluster of cancer cells with expansive growth forming sharp borders.

Note: since this type is characterized by distinct bounderies, tumors composed of medullary and/or solid nests are also included, even if interstitial components of stromal tissue are present. Central necrosis or fibrosis may also be evident.

2a3. Scirrhous carcinoma

Cancer cells of this histologic type show scattered invasion into the stroma in small clusters or in trabecular structures with accompanying desmoplasia of varying degrees.

There are two subtypes. One is a pure scirrhous carcinoma which has extremaly small amount of intraductal component and extensive stromal invasion. The other derives from papillotubular or solid-tubular carcinoma with a predominance of diffuse stromal invasion.

Note: The differential diagnosis between scirrhous carcinoma and solid-tubular carcinoma relies on the size of cancer nests and the fashion of infiltration at the tumor margin. Scirrhous carcinoma is composed of small nests, grows diffusely and infiltrates into the stromal tissue. On the other hand, solid-tubular carcinoma has large nests, grows expansively and is well circumscribed.